

## CHM Blog

Showing Some Carolina Spirit

Vote! Vote! Vote!

# Molly Maid Of Chapel Hill Offers Spring Cleaning Tips

BY ANDREA GRIFFITH CASH

CONTENT IMAGES (1)

RES PRINT



With spring, comes spring cleaning. I know, I know. Why did I have to go and bring that up? But there's something oh-so-refreshing about sprucing up a home that's been closed up all winter. And organizing the task of cleaning, both practically and psychologically, can reduce the stress and frustration that is often associated with spring cleaning. Here are some tips from Molly Maid of Chapel Hill's Dave and Mary Dickinson:

ImagePicture



Mary and Dave Dickinson of Molly Maid of Chapel Hill.

Create a flexible, comprehensive plan and put it in paper. Following a plan that is in writing is easier to stick to as opposed to following a plan from memory. Decide when to clean, stick to it and build that time into a schedule.

Don't try to tackle the whole house at once, otherwise you'll get frustrated and procrastinate. Instead, set a goal to thoroughly clean one or two rooms every couple of days.

After you put things where they belong, you can begin cleaning. You will waste time and become discouraged if you have to stop in the middle of what you're doing just to put something away in another room. Clear that clutter!

Gather all chemicals needed before you begin cleaning and carry them from room to room as you go. This prevents unnecessary trips back and

forth to your supply cabinet.

- Clean the room from top to bottom, moving left to right to ensure you don't overlook door frames, door panels and window sills. Don't forget the center of the room!
- Spring is a great time to inspect and clean window treatments. Whether you need to wash blinds, send drapes and sheers to the dry cleaners or throw washable curtains into the washing machine, getting your window treatments clean after a long, dark winter can brighten an entire room.
- Dust first – then vacuum! Crumbs, pet hair, etc. will fall to the floor as you're cleaning. Instead of dusting and vacuuming bedrooms one at a time, first dust and then vacuum all the bedrooms on each level. It saves time.
- Get your children involved – little children love to sweep the floor and help put laundry away.

3/8/11 9:08AM

TAG TOPICS: Andrea Griffith Cash, Molly Maid

### RECENT POSTS

- **365 Paintings in 365 Days**  
Mar 9, 2011 9:35:00 AM
- **Vote! Vote! Vote!**  
Mar 8, 2011 1:18:00 PM
- **Molly Maid of Chapel Hill Offers Spring Cleaning Tips**  
Mar 8, 2011 9:08:00 AM
- **Showing Some Carolina Spirit**  
Mar 7, 2011 10:11:00 AM
- **PlayMakers Names Jeffrey Meanza Associate Artistic Director**  
Mar 7, 2011 10:04:00 AM

Follow us   

### FOLLOW US ON TWITTER

Sandra Elliott is picking up her paintbrush, for a very worthy cause. <http://bit.ly/e1LUZI>  
2 hours ago

Looking for a really cool backyard waterfall, treehouse, hammock, outdoor fireplace, etc. for our next issue!  
[andrea@chapelhillmagazine.com](mailto:andrea@chapelhillmagazine.com)  
4 hours ago

@CarolinaFriends You're nominated in Best of Chapel Hill Awards! Vote!  
[http://www.chapelhillmagazine.com/the-magazine/best\\_of\\_ch](http://www.chapelhillmagazine.com/the-magazine/best_of_ch)  
18 hours ago

@unccoffeeshop You're nominated in Best of Chapel Hill Awards! Vote!  
[http://www.chapelhillmagazine.com/the-magazine/best\\_of\\_ch](http://www.chapelhillmagazine.com/the-magazine/best_of_ch)  
18 hours ago

@OpenEye You're nominated in Best of Chapel Hill Awards! Vote!  
[http://www.chapelhillmagazine.com/the-magazine/best\\_of\\_ch](http://www.chapelhillmagazine.com/the-magazine/best_of_ch)  
18 hours ago

[Follow Us on Twitter](#)