



DIY MOVE-OUT CLEANING CHECKLIST



Tips



Always sweep and vacuum before mopping and washing



Clean your home top-to bottom and left-to right



Do each task to the entire home, not each room one at a time



This checklist is provided to help DIYers clean their own homes. It is not intended to reflect the steps taken by Molly Maid's professional cleaning teams. Each franchise is independently owned and operated. Services may vary by location.

Before You Start

Remove all personal items

Keep related items together and label each box.

Collect what you'll need

Gather microfiber cloths, cleaning products, mop, bucket, sponge, vacuum and duster.

Remove nails, pins and tacks from walls

Put chairs up high to facilitate floor cleaning

Empty vacuum cleaner debris bin

Entire Home

Wipe down baseboards and high traffic/use areas

Vacuum and sweep

Sweep floors, vacuum carpets, couch and couch cushions, windowsills and screens.

Mop all floors after vacuuming and sweeping

Dust (everything)

Light fixtures, windowsills, fan blades, window blinds, HVAC vents, corners and ceilings of rooms.

Clean out sliding door tracks

Scrub and remove any stains on the walls

Kitchen

Clean kitchen appliances, inside and out

Clean beneath and between appliances

Wipe inside of fridge and freezer, remove all food

Thoroughly wipe the fridge and freezer gaskets. Remove drawers and shelves and clean them separately.

Clean hood fan filter

Clean oven

Clean microwave

Microwave a bowl of lemon water and wipe away stubborn grime.

Empty and clean inside cabinets

Clean sinks & countertops

Bathrooms

Scrub toilets

Scrub shower & bathtub

Clean shower curtain

Clean mirror

Clean sink

Clean countertops

Leave a roll of toilet paper

Moving can be stressful. Why not let Molly Maid clean your home, apartment or condo, so you can worry about packing up and moving in instead of cleaning up. Better yet, why not hire Molly Maid so you can move in to a home that's perfectly clean before it's full of your possessions.

Molly Maid can clean the home you're moving out of, give you a fresh clean place to move in to, or both. For professional house cleaning, [contact your local Molly Maid!](#)

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