Our printable Stain Removal Guide provides step-by-step instructions for handling all types of stains. Simply find your type of stain and match the numbers with each removal method, in order, for the best results. Print it out, and post it in your laundry room for safekeeping!

### Types of Stains

- Beer - 3, 7, 2
- Berries - 14, 5, 7, 2, 3
- Blood - 3, 8, 5, 2
- Chocolate - 14, 7, 20, 4, 1
- Coffee - 4, 7, 11, 6, 2
- Cooking Oil - 18, 3, 7, 6, 1
- Feces - 14, 4, 15, 1
- Grass - 3, 8, 6, 2
- Gum - 13, 14, 7
- Ice Cream - 3, 7, 6, 2
- Ink - 10, 6, 1
- Juice - 3, 7, 19, 4, 1
- Ketchup - 7, 12, 6, 2
- Latex Paint - 3, 7, 2
- Mayonnaise - 18, 7, 1
- Mustard - 12, 7, 6, 2
- Nail Polish - 17, 7, 1
- Oil-Based Paint - 17, 7, 6, 1
- Red Wine - 16, 4, 7, 1
- Rust - 9, 11, 2
- Sweat - 12, 5, 1
- Vomit - 14, 3, 4, 15, 1
- Water-Based Paint - 3, 7, 2
- White Wine - 3, 7, 2

### Removal Methods

1. Launder with hot water
2. Launder with cold water
3. Flush back side with cold water
4. Flush back side with hot water
5. Flush with hydrogen peroxide
6. Pretreat with stain remover
7. Blot with a clean rag and dish soap solution*
8. Rub the stain together with the fabric
9. Sprinkle with lemon juice and salt
10. Blot with rubbing alcohol
11. Air dry (in sun if possible)
12. Flush with vinegar
13. Freeze
14. Scrape off any excess stain material
15. Wash with chlorine bleach T
16. Cover with salt
17. Flush with paint thinner or acetone
18. Sprinkle with cornstarch
19. Blot with diluted ammonia*
20. Dab with liquid laundry detergent

*Mix solutions according to the directions below

### Common Stain Removal Mixtures

- **Dish soap solution:** 1 tablespoon dish soap, 10 ounces water
- **Vinegar solution:** 1 cup white vinegar, 1 cup water
- **Ammonia solution:** 1 cup ammonia, 1 cup water

As you can tell, stain removal can be tricky. Wouldn’t we all just love to toss our carpet or couch in the washing machine for a quick rinse to remove all those stains?

Prevention is the best protection against large, stubborn stains, and removing even the small stains helps areas stay clean for longer. Why not let Molly Maid help keep your home in great shape and stain-free with our custom cleaning plans?

[1.800.MOLLYMAID]
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This checklist is provided to help DIYers clean their own homes. It is not intended to reflect the steps taken by Molly Maid’s professional cleaning teams. Each franchise is independently owned and operated. Services may vary by location.